

RECYCLE MORE

at School



Volume 7, Issue 1 West Contra Costa Integrated Waste Management Authority Fall 2006

Kick Start Your School Garden With Some Cash

Welcome back! As you begin the new school year and look toward new and exciting projects, keep in mind that there are many resources out there to help with school gardens and other environmental projects. Below is just a partial list of current funding opportunities available to West County teachers:

Recycle More School Garden Grant (Up to \$1,000)

www.recyclemore.com/grants.asp; Funds available on a first come-first serve basis

OSH School Garden Program (Construction of new garden)

www.osh.com (Events & Promotions); Deadline: September 30, 2006

Healthy Sprouts Award (\$200 Gardener's Supply Company Gift Card)

www.kidsgardening.com/healthysprouts1.asp; Deadline: October 15, 2006

National Gardening Association Garden Grant (\$250 Home Depot Gift Card)

www.kidsgardening.com/YGG.asp; Deadline: November 1, 2006



WHAT GOES IN THE BLUE BIN?

- Cardboard
- Glass bottles & jars
- Mixed paper
- Plastic bottles
- Steel/tin cans
- Aluminum cans & foil (ball it up!)



PAST GRANT RECIPIENTS

These are just a few of the schools that have used Recycle More School Garden Grant funds to start or improve their school's gardens:

Dover Elementary

Family Christian Academy

Grant Elementary

Harbour Way Elementary

Lake Elementary

Pacific Academy

Peres Elementary

Verde Elementary

DID YOU KNOW...

... that a worm can eat up to half their own body weight each day? Order your classroom worm bin today, and see how quickly the worms make your class' food scraps disappear!

Let Worms Do Your Dirty Work!



Worm composting is a great way to get students interested in waste reduction.

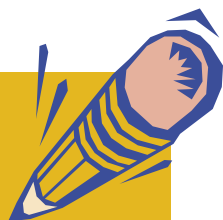
The secret to a great spring garden is to start preparing your soil and your students now! Fall is the best time to prepare the garden soil for spring plantings. Mulching your garden plot is an excellent way to get started in preparing both large and small gardens. Another key step is to start a classroom worm bin during the fall so that the worms and their pals will have sufficient time to produce an abundant supply of the best plant food around- worm poop!

By getting your worm bin started early, students will be able to see the worms transform food scraps into finished compost by Spring. The compost then acts as a natural fertilizer, providing plants with beneficial microbes and nutrients.

Having a worm composting bin in your classroom gives your students the opportunity to study decomposition, life cycles, the food chain, weights & measures, and more. Worm composting is also a great way to engage students in recycling and waste reduction issues in a hands-on way. Recycle More makes it fun and easy to get started. Worm composting bins are available free of charge to West County teachers, and West County's own Worm Lady, Claudia Taurean will even come help your class get started!

For more information on how your classroom can get a free worm composting bin and an in-class worm presentation, please call (510) 215-3021.

TOP FIVE WAYS TO GREEN YOUR SCHOOL



- 1 Recycle!
- 2 Compost food scraps to create a rich soil amendment for your garden.
- 3 Work with your custodian to find effective alternatives to toxic cleaning products.
- 4 Close the loop and buy recycled paper.
- 5 Incorporate environmental lessons into curriculum, and keep students and parents updated on efforts being made to green your school.

Recycle More Fall 2006 Programs



Recycle More continues to offer a full range of quality, exciting school programs free of charge to local public and private schools.

Recycling & Landfill Field Trips

The ever-popular Recycling Field Trips to the Landfill and the Recycling Center are back, and spots are still available!

3rd-12th Grade;

Tuesdays and Thursdays from 10-12:00

Recycling-Only Field Trips

This field trip is open to Grades 1 and 2, and will be shorter and more hands-on than our traditional recycling field trip.

1st & 2nd Grade;

Tuesdays and Thursdays from 10-11:00

Worm Composting Workshops

West County's own Worm Lady, Claudia Taurean, will come and show your class how to set up a class worm bin and teach students about the process of vermicomposting.

Preschool-12th Grade; 1 Hour

Four R's Presentations

Introduce your class to the Four R's: Reduce, Reuse, Recycle, and Rot!

K-12th Grade; 1 Hour

Paper-making Workshops

Available to paper-making novices only, these workshops are a great way to reinforce the "closing the loop" message while students create an art project!

Preschool-6th Grade;

Approximately 1 Hour (dependent on grade level)

Assemblies

Assemblies are free of charge, high energy, and open to all West County Schools.

K-6th Grade; Approximately 45 Minutes

RECYCLING FIELD TRIPS APPLICATION*

Name of Teacher:

Contact Phone #:

Alternative Phone #:

Email Address:

School Name and Phone Number:

Grade Level:

Number of Students:

Preferred Dates:

ESL Students? Yes No

Please Check:

I will bring at least one teacher or parent for every 10 students attending the field trip.

Send completed applications to:

Schools Program
West Contra Costa Integrated Waste
Management Authority
One Alvarado Square
San Pablo, CA 94806

Phone: 215-3021

Fax: 236-1636

Call 215-3021 for more information or to sign up.



recyclemore
WEST CONTRA COSTA INTEGRATED
WASTE MANAGEMENT AUTHORITY

One Alvarado Square • San Pablo, CA 94806
tel. 510.215.3125 • fax. 510.236.1636
e-mail. info@recyclemore.com
web. www.recyclemore.com

**Please Reuse & Recycle
This Newsletter:**

- Pass it on to a colleague
- Post it in your staff room
- When it is not longer of use to anyone...place it in a recycling bin!

SCHOOL POSTING
DISTRIBUTION APPROVED
AT PRINCIPAL'S DISCRETION
ADMINISTRATIVE SERVICES

**IMPORTANT RECYCLING
PHONE NUMBERS**

Additional Carts or Extra Pick Ups*
Richmond Sanitary Service **231-1621**

*Private Schools in El Cerrito- East Bay Sanitary Company Call: 237-4321

General Information
WCCIWMA **215-3125**

**Waste Audits, Workshops,
Grant Information & Classroom Bins**
Claudia Taurean **215-3126**

**Field Trips, Paper-making
Kits/Workshops & Compost Hotline**
Recycling Coordinator **215-3021**

(For day-to-day recycling/waste reduction operations,
contact your school's Recycling Coordinator)

**If you would like to receive this newsletter via email
in the future, please email claudiat@recyclemore.com!**

**A Message from Recycle More's
Recycling Coordinator:**



After 3 1/2 years, I will be leaving Recycle More to move on to a new adventure. I have thoroughly enjoyed working with all of you and your students. I wish you all the best with your future waste reduction efforts!

Kelly

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